





















Thank you for your participation in the training program of CAMILLE project and for taking the time to complete this questionnaire. CAMILLE (Empowerment of Children and Adolescents of Mentally III Parents through Training of Professionals working with children and adolescents) is an European project under the Daphne III funding programme in the field of Justice.

The main objective of the project is to qualify and promote the inter-professional and cross-sectional efforts concerning exposed children and adolescents of mentally ill parents and their families in order to initiate early tracing and prophylactic measures and promoting physical, psychosocial and mental health in general, preventing the rise of children's or adolescents' psychosocial symptoms.

Please, follow the instructions to fill in the questionnaire, which should take about 15 minutes of your time. All the collected data will be kept confidential and secure and used in aggregate form and for scientific purposes only, in order to assess the efficacy and effectiveness of the CAMILLE intervention model to improve how families' needs are met.

If you have any questions, please contact us at ccastiglioni@synergia-net.it























Gender	□ Male □ Female
Country	□ UK □ Germany □ Italy □ Finland □ Norway □ Poland
What is the highest level of education you have completed?	☐ Grammar school ☐ Vocational/technical school (2 year) ☐ High school or equivalent ☐ Bachelor's degree ☐ Master's degree ☐ Doctoral degree ☐ Other:
What is your current working role?	 □ Psychologist □ Social worker □ Educator/education support staff □ Nurse □ GP □ Specialist medical practitioner □ Psychiatrist/neuropsychiatrist □ Teacher (primary/secondary school) □ Teacher (kindergarten/pre-school) □ Voluntary agency worker □ Other:
Previous learning experiences on empowerment programmes in the last 5 years?	□ Yes □ No























What is your main workplace?	 ☐ Hospital ☐ Advice/support/counseling centre ☐ Medical centre/health centre/mental health centre ☐ Social welfare centre/ social care centre ☐ School ☐ Other
Who are the direct recipients of your work/intervention? (multiple answers possible)	 □ Children (as individuals) □ Adolescents (as individuals) □ Adults (as individuals) □ Families (family-based approach) □ Other
How long have you been working in your current professional field?	Number of years:
Age	Year of birth:
Initials of your mother's maiden name? (Example: Anne Smith = AS)	























Consider your KNOV	VLEDGE of the following	ing aspects <u>in relation</u>	to children living in
families with a men	tally ill parent:		
	In your professional practice, how IMPORTANT is to have a good knowledge of the following aspects in relation to children living in families with a mentally ill parent?	How much are you AWARE of the following aspects when dealing with children living in families with a mentally ill parent?	How COMPETENT do you feel in the following aspects when dealing with children living in families with a mentally ill parent?
	 1 – Unimportant 2 – Of little importance 3 – Somewhat important 4 – Important 5 – Very important 	 1 – Not at all aware 2 – Slightly aware 3 – Somewhat aware 4 – Moderately aware 5 – Extremely aware 	 1 – Not at all competent 2 – Slightly competent 3 – Somewhat competent 4 – Moderately competent 5 – Very competent
Information about legal regulations in case of mental health and or substance misuse problems in the family			
Different child attachment styles			
Effects of adult mental illness or substance misuse on child behaviour			
Effects of adult mental illness or substance misuse on child behaviour			























Effects of adult mental illness or substance misuse on child needs			
Effects of adult mental			
illness or substance			
misuse on parental skills			
Coping strategies used			
by a child to deal with			
stress			
Coping strategies used			
by families to deal with			
stress			
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Consider the follow	ving SKILLS <u>in relatio</u>	on to children living	in families with a
mentally ill parent			
	In your professional practice, how IMPORTANT is to have the following skills in relation to children living in families with a mentally ill parent?	How much ARE YOU AWARE of the following aspects when dealing with children living in families with a mentally ill parent?	How COMPETENT do you feel in the following aspects when dealing with children living in families with a mentally ill parent?
	 1 – Unimportant 2 – Of little importance 3 – Somewhat important 4 – Important 5 – Very important 	 1 – Not at all aware 2 – Slightly aware 3 – Somewhat aware 4 – Moderately aware 5 – Extremely aware 	 1 – Not at all competent 2 – Slightly competent 3 – Somewhat competent 4 – Moderately competent 5 – Very competent
Identifying parental behaviours that may put a child at risk			
Identifying a child's behaviours which may suggest risk of mental health problems / developmental problems			
How to support the child to become more resilient			
Developing a trustful relationship with children			
Having effective communication skills to establish supportive relationship with a child			
Discussing the			























implications of a mental illness or substance misuse with a child Developing a trustful relationship with a parent Having effective communication skills to establish a supportive relationship with a parent Discussing the implications of a mental illness or substance misuse with a parent Keeping a non-
misuse with a child Developing a trustful relationship with a parent Having effective communication skills to establish a supportive relationship with a parent Discussing the implications of a mental illness or substance misuse with a parent
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implications of a mental illness or substance misuse with a parent
illness or substance misuse with a parent
misuse with a parent
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Keeping a non-
judgmental attitude
Working together with
the whole family
Establish/reinforce
collaborations with
other institutions
Sharing knowledge and
practices with other co-
workers
Working in multi-
disciplinary teams
Knowing where and
when to seek other
professionals' advice























What do you think, in general, about the training package? (i.e. content; interaction among participants; language; training style; time allocated for each topic, appropriateness with the cultural context of where you work, etc.)
What do you think are the main strengths of the training package?























What do you think are the main weaknesses of the training package?
How could they be improved?

In your opinion, were the objectives of the training program met?
in your opinion, were the objectives of the training program met:
Is there anything missing from this training package?























How do you think the facilities (venue, equipment, etc.) affected the training?
Do you have any final suggestion to improve the training?

Thank you!

You completed the questionnaire, thank you very much for your time! Thank you again for your participation in the CAMILLE project, we hope you enjoyed the experience.

The CAMILLE partnership